



Integro Chiropractic
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Integro Sports and Rehabilitation Chiropractic

Welcome to Integro Sports and Rehabilitation Chiropractic! Thank you for choosing us as your chiropractic provider. Our staff is committed to serving you and making your rehabilitation experience enjoyable and successful. Please take a few minutes to read this information so you can become familiar with our practice. We will be happy to answer any questions you have on an individual basis.

About Integro Sports + Rehabilitation

Integro, a Latin root of the word "integrity", means "to heal, refresh, renew, and balance" which defines our goal for each patient. We use a comprehensive approach to injury treatment and prevention as well as for the enhancement of athletic performance. We specialize in functional rehabilitation and comprehensive chiropractic neurology and utilize treatments including Active Release Technique and Graston Technique to address soft tissue injury. Integro's comprehensive approach also offers deep tissue massage, personal training, exercise rehabilitation and Pilates. Addressing soft tissue injury is the primary focus of treatment.

A Word About Insurance

We are Preferred Providers for Blue Shield, Guardian, and First Health plans. Most PPOs will cover a percentage of our fees. If you have a personal injury automobile accident with individual coverage, you are a Medicare patient, or have a Worker's Compensation injury, we do submit those claims and bill directly for you based on your ability to obtain prior authorization for your treatment.

Although we can assist you with your insurance questions, it is strongly suggested that you contact your insurer directly to determine your coverage for chiropractic therapy. You may be required to make deductible or co-insurance payments as part of your coverage. Customary method of billing for chiropractic services is based on the amount and type of services you receive, we cannot tell you exactly how much your treatments will cost. Therefore, you need to contact your insurance company directly to verify coverage. Please feel free to contact our billing staff with insurance questions at (925) 960-1170.

Office Hours and Appointments

Monday: 8:00 AM to 5:00 PM	Thursday: 3:00 PM to 6:00 PM
Tuesday: 3:00 PM to 6:00 PM	Friday: 8:00 AM to 5:00 PM
Wednesday: 8:00 AM to 5:00 PM	

Office visits are by appointment only. We appreciate your personal schedules and will make every effort to accommodate your special scheduling needs. If you will be early or late for your scheduled appointment, please notify us so we can schedule accordingly.

Scheduling

No prescriptions or referrals are necessary for treatment. However, a current authorization for Worker's Compensation patients is required.

Cancellations and No-Shows

We require 24 hours notice in the event of a cancellation. There is a full service fee for no-shows or cancellation without proper notice. This charge will not be covered by your insurance.

Attire

Please dress comfortably as if you were going to exercise